

## Event: 1 Mile, Heat 3 (M40, M50, M45, F55, M60, F35)

**Mixed seniors**

Pos	Name	Club	Cat	Perf.
1	Rob Jordan	Tewkesbury AC	M40	6.04.5
2	Alan Dougall	Chelt Tri Club	M50	6.07.5
3	Robert Humphris	Bourton Road Runners	M50	6.20.3
4	Steve Wiggall	Tewkesbury AC	M45	6.22.8
5	Joyce Barrus	Stroud & District AC	F55	6.34.9
6	Carol Cowley	Tewkesbury AC	F55	6.39.3
7	John James	Severn AC	M60	6.46.1
8	Clare Bayley	Tewkesbury AC	F35	6.58.1
9	Phillip Howells	Tewkesbury AC	M60	7.27.2

## Event: 1 Mile, Heat 2 (U13B, U13G, U11)

**Mixed boys & girls**

Pos	Name	Club	Cat	Perf.
1	Dmitriy Nazarenko	Cheltenham & Co. Harriers	U13B	5.34.4
2	Jacob Pickering	Cheltenham & Co. Harriers	U13B	5.34.4
3	Andrew Evans	Forest of Dean AC	U13	5.43.0
4	Jack Cooper	Cheltenham & Co. Harriers	U13B	5.45.0
5	Kieran Gresty	Forest of Dean AC	U13	6.07.4
6	Harrison Iddles	Cheltenham & Co. Harriers	U13	6.12.8
7	Bethan Skuse	Cheltenham & Co. Harriers	U13G	6.18.6
8	Phoebe Crawley	Forest of Dean AC	U13	6.20.7
9	Claudia Ovens	Cheltenham & Co. Harriers	U13G	6.27.0
10	Tara Sladen	Forest of Dean AC	U11	6.47.8

## Event: 1 Mile, Heat 1 (U17, SM, U15, SL)

**Mixed**

Pos	Name	Club	Cat	Perf.
1	Dan Owen	Cheltenham & Co. Harriers	U17	4.49.4
2	Richard Dare	CLC Striders	SM	4.52.6
3	Emmet Thompson	Forest of Dean AC	U15	5.22.9
4	Paul Lockyer	Tewkesbury AC	SM	5.24.7
5	Simon Coates	Tewkesbury AC	SM	5.31.7
6	Adele Potts	Stroud & District AC	SL	5.48.9
7	Dan Webb	Tewkesbury AC	SM	5.57.0
8	Beth Wynn	Bourton Road Runners	U15	6.00.9

## Event: County Track 10K, Heat 1

**Mixed**

Pos	Name	Club	Cat	Perf.
1	Will Ferguson	CLC Striders	SM	33.06.0
2	Alistair Lockey	Bourton Road Runners	M40	34.09.9
3	Simon Fortnam	Severn AC	SM	35.46.6
4	Wayne Usher	CLC Striders	SM	35.53.4
5	Oliver Starkey	Severn AC	U17	38.06.3
6	Jeremy Mower	Gloucester AC	M40	38.03.3
7	Arthur Daley	Gloucester AC	M55	40.05.2
8	Nigel Tillott	Tewkesbury AC	M45	40.13.2
9	Daniel Webb	Tewkesbury AC	SM	40.42.0
10	David Spackman	Gloucester AC	M60	43.37.0
11	Rachel Vines	CLC Striders	SL	43.39.2
12	John James	Severn AC	M60	44.53.3
13	Chris Young	Stroud & District AC	M50	45.29.1
14	Paul Mason	Tewkesbury AC	M45	46.50.1
15	Julia Rutherford	Bourton Road Runners	F45	48.05.2
16	Deborah Southgate	Angels RC	F50	48.13.0
17	Simon Rutherford	Bourton Road Runners	M50	48.27.7
18	Phillip Howells	Tewkesbury AC	M60	49.02.4

## Event: 4 X 100M Relay, Heat 4 (JM, SM)

**Mixed ages**

Pos	Name	Club	Age Group	Perf.
1	Cheltenham	JM Relay Team	JM	45.9
	<i>Sam Wood</i>	<i>Matt Wright</i>	<i>Ashley Hill</i>	<i>Andy Lord</i>
2	Gloucester & Severn	Mens Relay Team	SM	48.5
	<i>Jason Gower</i>	<i>James Browning</i>	<i>Ashley Naylor</i>	<i>Matthew Humphries</i>
3	Tewkesbury AC	SM Relay Team	SM	58.8
	<i>Rob Jordan</i>	<i>Dan Webb</i>	<i>Steve Wiggall</i>	<i>Ian Hughes</i>
4	Tewkesbury AC	SM Relay Team	SM	59.3
	<i>Paul Mason</i>	<i>Simon Waters</i>	<i>Mungo Park</i>	<i>Paul Lockyer</i>

## Event: 4 X 100M Relay, Heat 3 (SL, U17)

Pos	Name	Club	Age Group	Perf.
1	Cheltenham <i>Jane Horder</i>	SL Relay Team <i>Becky Courtenay</i>	SL <i>Jess Lawro</i>	53.1 <i>Savannah Devillez</i>
2	Corinthians <i>Oliver Starkey</i>	Mixed Male Relay Team <i>Emmet Thompson</i>	U17 <i>Harrison Iddles</i>	58.0 <i>Jack Cooper</i>
3	Tewkesbury AC <i>Charlotte Mowbray</i>	SL Relay Team <i>Clare Bayley</i>	SL <i>Carol Cowley</i>	73.5 <i>Nikki Webb</i>
4	Bourton RR / Ciren <i>Julia Rutherford</i>	SL Relay Team <i>Lynn Hudson</i>	SL <i>Alice Thomas</i>	75.6 <i>Shirley Creed</i>

**Mixed**

## Event: 4 X 100M Relay, Heat 2 (U13)

Pos	Name	Club	Age Group	Perf.
1	Cheltenham <i>Jacob Pickering</i>	U13B Relay Team <i>Linton Gardiner</i>	U13 <i>Tom Wood</i>	56.9 <i>Harry Mahoney</i>
2	Forest of Dean AC <i>Jonathan Evans</i>	U13B Relay Team <i>Andrew Evans</i>	U13 <i>Connor Creed</i>	58.8 <i>Kieran Gresty</i>
3	Cheltenham <i>Jack Roberts</i>	U13B Relay Team <i>Iain Clarke-Coast</i>	U13 <i>Tom Fensome</i>	61.4 <i>Elliott Hill</i>
4	Cheltenham <i>Ben Roberts</i>	U13B Relay Team <i>Joe Ansley</i>	U13 <i>Gavin Hurdler</i>	63.2 <i>Kai Ansley</i>

**All U13B**

## Event: 4 X 100M Relay, Heat 1 (U15, U13)

Pos	Name	Club	Age Group	Perf.
1	Cheltenham <i>Ayesha Gardiner</i>	U15G Relay Team <i>Emily pascoe</i>	U15 <i>Charlotte Williamson</i>	53.2 <i>Harriet Sawle</i>
2	Gloucester <i>Lurenda Mudd</i>	U15G Relay Team <i>Kelly Constable</i>	U15 <i>Kate Davies</i>	55.6 <i>Harriet Hunter</i>
3	Cheltenham <i>Louise Ward</i>	U13G Relay Team <i>Talitha Walker-Warne</i>	U13 <i>Bethan Skuse</i>	57.1 <i>Louise Ward</i>
4	Forest of Dean AC <i>Amber Probyn</i>	U13G Relay Team <i>Phoebe Crawley</i>	U13 <i>Emily Reynolds</i>	61.8 <i>Sadie Melhuish</i>
5	Bourton Road Runners <i>Corrigan Cox</i>	U15G Relay Team <i>Eva Shoemark</i>	U15 <i>Beth Wynn</i>	66.1 <i>Amy Wynn</i>
6	Cheltenham <i>Isobel Ovens</i>	U13G Relay Team <i>Mollie Courtney</i>	U13 <i>Madison Iddles</i>	66.7 <i>Claudia Ovens</i>

**Mixed ages**

## Event: 4 X 400M Relay, Heat 2 (SM, U15, M40)

Pos	Name	Club	Age Group	Perf.
1	Gloucester AC <i>Richard de Camps</i>	SM Relay Team <i>Ashley Naylor</i>	SM <i>Andrew de Camps</i>	3.37.7 <i>Ben Jones</i>
2	Cheltenham <i>Patrick Sekinger</i>	U15B Relay Team <i>Charlie Scott</i>	U15 <i>Callum Brand</i>	3.50.2 <i>Andrew Scull</i>
3	Tewkesbury AC <i>Paul Lockyer</i>	SM Relay Team <i>Simon Waters</i>	SM <i>Mungo Park</i>	4.33.4 <i>Dan Webb</i>
4	Tewkesbury AC <i>Steve Wiggall</i>	SM Relay Team <i>Rob Knight</i>	SM <i>Rob Jordan</i>	4.52.6 <i>Paul Mason</i>
5	Corinthians <i>Oliver Starkey</i>	Mixed Male Relay Team <i>Emmet Thompson</i>	M40 <i>Harrison Iddles</i>	5.44.2 <i>Jack Cooper</i>

**Male athletes**

## Event: 4 X 400M Relay, Heat 1 (SL, U15, U17)

Pos	Name	Club	Age Group	Perf.
1	Cheltenham <i>Jane Horder</i>	SL Relay Team <i>Becky Courtenay</i>	SL <i>Jess Lawro</i>	4.15.6 <i>Savannah Devillez</i>
2	Cheltenham <i>Harriet Sawle</i>	U15G Relay Team <i>Mollie Courtney</i>	U15 <i>Bethan Skuse</i>	4.44.9 <i>Talitha Walker-Warne</i>
3	Corinthians Alan Dougall	Mixed Male Relay Team Nigel Tillot	U17 John James	4.46.9 Phil Howells
4	Tewkesbury AC <i>Clare Bayley</i>	SL Relay Team <i>Charlie Mowbray</i>	SL <i>Nikki Webb</i>	5.46.2 <i>Carol Cowley</i>
5	Bourton RR / Ciren <i>Alice Thomas</i>	SL Relay Team <i>Julia Rutherford</i>	SL <i>Shirley Creed</i>	6.02.6 <i>Lynn Hudson</i>

**Various ages**