

1 Mile

Posn	Name	Club	Cat	Perf.
1	Kyran Hale	Severn AC	U17M	4.44.1
2	Simon Waters	Tewkesbury AC	SM	5.06.7
3	Dave Gresswell	Gloucester AC	M40	5.10.5
4	Jon Mansfield	Tewkesbury AC	M40	5.23.2
5	Steve Bradley	Severn AC	M35	5.32.8
6	Chris Slade	CLC Striders	M40	5.41.8
7	Daniel Webb	Tewkesbury AC	SM	5.56.4
8	Paul Mason	Tewkesbury AC	M45	5.57.3
9	Edward Rozier	Bourton RR	M45	6.41.7
10	Chris Bence	Bourton RR	M55	7.10.5
11	Mike Anderton	Unattached	M55	7.25.5

1 Mile

Posn	Name	Club	Cat	Perf.
1	Emmett Thompson	Forest of Dean AC	U15B	5.24.5
2	Dmitriy Nazarenko	Cheltenham & Co. Harriers	U15B	5.27.8
3	Jacob Pickering	Cheltenham & Co. Harriers	U15B	5.38.6
4	Jessica Robins	Stroud & District	U15G	5.56.1
5	Jo Wilkie	CLC Striders	SL	6.00.1
6	Paul Loveridge	Gloucester AC	M50	6.02.9
7	Angie Sadler	Tewkesbury AC	F50	6.03.6
8	Rob Jordan	Tewkesbury AC	M40	6.04.7
9	Michelle Stark	Gloucester AC	F35	6.06.3
10	Steve Wiggall	Tewkesbury AC	M50	6.27.0
11	John James	Severn AC	M60	6.52.8
12	Christine Campbell	Gloucester AC	F35	6.53.2
13	Clare Bayley	Tewkesbury AC	F35	7.18.0

County Track 10K

Posn	Name	Club	Cat	Perf.
1	Mike Smith	Bourton RR	M40	33.24.7
2	Darren Salisbury	Black Pear Joggers	M45	33.39.0
3	Richard Walsh	Worcester AC	SM	35.04.5
4	Andy Gore	Cheltenham & County H	M40	36.04.5
5	Oliver Starkey	Severn AC	U17M	36.50.9
6	David Smeath	CLC Striders	M35	37.07.1
7	Jeremy Mower	Gloucester AC	M40	37.23.0
8	Jon Mansfield	Tewkesbury AC	M40	37.26.7
9	Alan Pitt	Stroud & District	M45	37.32.7
10	David Lowthian	Severn AC	M40	38.24.1
11	Andy Norman	Severn AC	M55	39.11.8
12	Jo Fifield	Stroud & District	SL	40.46.5
13	Liza Barry	CLC Striders	SL	40.56.2
14	Jon Gould	CLC Striders	SM	40.59.8
15	C Goodwin	CLC Striders	M45	41.27.7
16	Brittany Teague	Bourton RR	U20W	43.08.0
17	Rachel Vines	CLC Striders	SL	43.24.6
18	Tony Spedding	Bourton RR	M50	44.58.8
19	Rachel Labdon	Tewkesbury AC	F35	47.21.8
20	Deb Southgate	Angels RC	F50	48.37.1
21	Lynn Spedding	Bourton RR	F50	50.09.8

22	Norman Lane	Bourton RR	M65	50.10.2
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4 X 100M Relay

Posn	Name	Club	Cat	Perf.
1	Severn AC	Severn AC	SM	49.2
2	Bourton RR	Bourton RR	U20M	54.6
3	Tewkesbury AC	Tewkesbury AC	SM	56.5
4	Bourton RR	Bourton RR	M40	71.0

4 X 100M Relay

Posn	Name	Club	Cat	Perf.
1	Gloucester AC	Gloucester AC	U15G	53.3
2	Cheltenham & County H	Cheltenham & County H	U15G	55.8
3	Stroud & District	Stroud & District	U17W	56.4
4	Tewkesbury AC	Tewkesbury AC	F35	74.0

4 X 400M Relay

Posn	Name	Club	Cat	Perf.
1		Severn AC	U20M	3.51.8
2		Bourton RR	U20M	4.14.1
3		Tewkesbury AC	SM	4.29.8
4		Bourton RR	M40	5.22.1

4 X 400M Relay

Posn	Name	Club	Cat	Perf.
1		Stroud & District AC	mixed	4.40.4
2		Cheltenham & County H	U15G	4.52.9
3		Tewks / Glos AC	M35	5.01.1
4		Tewkesbury AC	F35	5.50.9